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## Family & Friends CPR/AED Training

## Sunday, March 11 1 p.m. to 4 p.m.

Newton North High School Cafeteria



## Learn how to:

- Respond in a medical emergency
- · Perform basic adult and child CPR
- Provide adult and child relief of choking
- Use an Automated External Defibrillator (AED)

Registration information: www.newtonma.gov/aed or (617) 796-1420

- For Newton residents age 14 and older
- The course involves working on your hands and knees, bending and standing.
- You may wish to bring a small towel or mat to kneel on.





The American Heart Association
Family & Friends CPR/AED course
does not provide a certification card,
and is not suitable for AHA
re-certification. If you need a CPR
card for a job or volunteer position,
this is NOT the course for you.